



Term 2 - 2010



World Tai Chi & Qi Gong (Chi Kung) Day

Saturday 24th April – 2010 at 10.00am

Free Park lesson

Come & join in a special park lesson which is **Officially part of this international event.**

Suitable for Beginners & Advanced students
Past & current students

plus

any New beginners who are interested
in having a try.

Invite you friends or family.



Wet weather procedure:

In the event of rain or unsuitable weather we have booked the Adelaide hall.

Go across the road to the Adelaide venue: Deaf CanDo Hall - 262 South Tce.



Tai Chi Sword

Sword & Fan

Tai Chi Sword at
Adelaide & semaphore
Plus

Fan at Glenelg classes
will be continuing with

Section 2 in term 2.



Only students already enrolled can attend or previous students who wish to revise these sets.

If you are **returning to revise** please email you interest in attending: office@taichi.com.au

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Newsletter & Schedule for Term 2 - 2010

www.taichi.com.au or www.chikung.com.au

Happy Chinese New year

14th February – 2010 - February 2nd 2011

The year of the Tiger



Best Wishes, Good health & see you next term.

We hope you have enjoyed learning the Chi Kung relaxing exercises or the little more challenging exercises of Tai Chi
Both are good for your health they are just different ways of approach.

Tai Chi: Slow Martial art movements.

Chi Kung (Qi Gong): Chinese medicine (TCM) in Motion.

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Next Free lesson for Beginners is April 20th – 23rd – depending on the venue.

Conducted during the 1st week of the next school term, 2.

Plus a special Saturday morning class on 24th April 10.00am as part of

World Tai Chi & Chi Kung (Qi Gong) Day.

Details see the back page or on our website.

Keep up you practise during this 4 week Autumn holiday break.

Practise is good for your memory & health. See you soon.

2010 - Term 2 starts the last Tuesday in April.

Advanced booking discounts for next term: book & pay by **week 7**.

Keep up to date **via our website, check for any changes** before going to class.

The office & phone is attended part-time.

You can leave a message on the answering machine
(leave a landline phone numbers – Not Mobiles) or send an email:

office@taichi.com.au

Tai Chi & Chi Kung Institute

G.P.O. Box 66, Adelaide, SA, 5001 www.taichi.com.au Ph: (08) 8371-2488

Email : office@taichi.com.au



Courses being offered for current & previous students. (minimum numbers apply)

Book Now for Term 2, 2010

7 week terms

Venue & Instructors	Venue Address	Day	Start Time	Set Taught	Section (S) Taught	Starting date Week 1	Last Lesson Of Term 1. Week 7
Adelaide Allan, AnnMarie, Jamie, David	Deaf Cando Hall 262 South Tce (East side of Pultney Street)	Tue	6.15pm 6.15pm 7.15pm 8.00pm	Chi Kung (1 st set) Da Yan – Chi kung (Wild Goose CK) Tai Chi (24) 3 Terms Sword (32) 3 Terms	Section 1,2 Refinement (Ref 1 – 3) Section 1,2,3 Section 2	27th April	8th June
Semaphore Lorraine, Jamie Barry	St Bede's Hall 200 Military Rd near Semaphore Rd	Wed	6.15pm 7.15pm 8.05pm 8.05pm	Chi Kung (1 st set) Tai Chi (24) 3 Terms Tai Chi (24) 3 Terms Sword (32) 3 Terms	Section 1,2 Section 1,2 Section 3 Section 2	28th April	9th June
Glenelg - North Heather, Michael, Helen	Flambouron Hall 18 Fulton St (off Tapleys Hill Rd near Anzac Hwy	Thur	6.15pm 7.15pm 7.45pm	Chi Kung (1 st set) Tai Chi (24) 3 -Tms Fan – Fitness set	Section 1,2 Section 1 Section 2	29th April	10th June
Adelaide (am) Allan, Heather, Jennifer	Deaf Cando Hall 262 South Tce (East side of Pultney Street)	Fri (am)	9.30am 9.30am	Chi Kung (1 st set) Dao Yin – Digestive set (No Tai Chi Classes)	Section 1,2 1 Term	30th April	11th June

Angaston for class Details: email annmarie@taichi.com.au

Course Fees for Term 2, 2010		Advanced booking Discounts <i>Book at class or Mail Weeks 5 –7 of Term 1</i>	Full Fee When enrolling on week 1 - 3
Standard	Individual enrollment for 7 week course (includes Refinement sections)	\$77	\$99
Concession	Concession available for government card holders (pensioner, full-time student, unemployed + (“Seniors Card” for beginners sets – Ck 1 & 2, TC1 -3)	\$66	\$77
Revision	Improve your knowledge by repeating a section which you’ve already completed. (where vacancies exist)	\$55	\$66
Family Special offer Beginners sets	<u>Family members discount</u> is now offered to help families who live together, to continue together, When continuing with your learning in the Beginner's Sets (Chi Kung 2 or Tai Chi 2/3) include those who booked as “2 for 1” in beginners	2 for \$121 (less than Concession price)	2 for \$154 (=Concession price)
Family Advanced Sets	Advanced Sets in Chi Kung & Tai Chi (NB: Minimum numbers required)	2 for \$132 (=Concession price)	2 for \$154 (=Concession price)

Credit Cards: VISA & Mastercard only - Surcharge - (\$3 up to \$99 ---- \$5 – over \$99)

“2 for 1” beginners vouchers only apply to Chi kung 1 & Tai chi 1 - or if you want to revise(\$1) Not for Advanced classes.

CLASS NUMBERS: Minimum Number of students required to conduct a class is 12. (Classes may be combined so as not to cancel classes.)

New Advanced sets taking more than one term to complete minimum number 15 - 20 students required.

Advanced Courses IF UNDER 12 STUDENTS – No Discounts Available – OTHERWISE THE CLASS MAY BE CANCELLED.

The Institute reserves the right to cancel / suspend any class with insufficient numbers to cover costs.

In the event that a class is to be cancelled – every effort will be made to find another class for you,

OR transfer course fees to the next term, by mutual arrangement.

Cancellation by student with in 2 weeks of course commencement 50% Refund + Admin fee.

FEES: **NO REFUNDS** After the commencement of the course, unless the Institute cancels the class. **Transfer is possible.**

COURSES: Are NOT TRANSFERABLE to another person after the commencement of the term.

MISSED LESSONS: Must be made up during the term enrolled and are NOT TRANSFERABLE to other terms.

If joining on Week 1 – 3 please check the website: www.taichi.com.au for any changes.

as some classes and times may change due to enrolments: correct details are on *Student Cards* issued in Week 2.

office (ph 8371-2488 Mon - Thur 11am-4pm) or leave message on our answering machine.

The office & phones are only attended part-time

updated 9 / 3 / 2010.