

太極

# Wu Dong

氣功

Master of Wu Shu from China

## Returns to Adelaide

August 19 - 20 & 21<sup>st</sup> - 2011



**Adelaide: Deaf CanDo Hall – 262 South Tce (Near Pulteney Street)**

### Workshop 1. Sword Applications

Sword students & instructors only – focus on Yang 32 sword.

Friday August 19th - at 6.15pm – 8.30pm

### Workshop 2. Kai He Qi Gong – “1<sup>st</sup> time in Australia”

Suitable for all Tai Chi & Qi Gong / Chi Kung students (DVD available \$33)

Saturday August 20th - at 9am – 11.30am.

### Workshop 3. Tui Shou (introduction to Tai Chi push hands)

Tai Chi students & instructors only

Sunday August 21st - at 9.30am – 12 noon



Fees for each workshop - \$121 at the door.

**WTPA, TCAA, AKWF members discount**

( \$111 - advanced Booking \$88 )

**TC & CK Institute Students ( current & past )**

( \$99 Advanced booking \$77 )



In conjunction with the  
**Beijing Sports University**  
and the  
**Shaolin Kung Fu Guan**  
in Brisbane

2005 – 2009 - 2011

Email your interest to:

[office@taichi.com.au](mailto:office@taichi.com.au)

Post booking to: Tai Chi & Chi Kung Institute  
GPO Box 66 Adelaide SA 5001

8371-2488

[www.taichi.com.au](http://www.taichi.com.au)

#### Branches

##### Adelaide

Tues pm & Fri am pm

**Glenelg** – Thur pm

**Semaphore** – Wed pm

**Barossa**

27 Years in SA

Learn & refine your skills with one of China's Elite Wu Shu & Tai Chi exponents.  
Professor at the Beijing Sports University & a true master of Traditional & Modern Wu Shu systems.  
Master Wu Dong comes from a long lineage of traditional family Masters.



# Weekend Workshops 2011 Booking form



Dates for Workshops		
<b>Sword Applications &amp; refinement</b>	<b>Friday Aug 19<sup>th</sup></b>	6.15pm – 8.30pm
<b>Qi Gong</b> Kai he Qi Gong (CK)	<b>Saturday Aug 20<sup>th</sup></b>	9.00am – 11.30am (DVD \$33 available)
<b>Tui Shou</b> Tai Chi push hands applications	<b>Sunday Aug 21<sup>st</sup></b>	9.30am – 12 noon
VENUE – Adelaide		
<b>Deaf CanDo Hall - 262 South Tce</b> (Near Pulteney Street)		
Doors open 15 minutes prior to start time		

Advanced booking discounts close **5 days** prior to commencement of the workshop.



--- DETATCH AND SEND - Complete one form per person ---

## ENROLMENT & PAYMENT (PLEASE PRINT)

(Mr/Mrs/Ms/Miss) NAME .....

ADDRESS..... P/C.....

PHONE(H).....PHONE(W).....MOBILE.....

OCCUPATION.....Email.....

Have you learned Tai Chi or Chi Kung before? Yes / No Tai Chi  Chi Kung

I am a  Student  Instructor  Leader

**I would like to enrol for:**

**Sword Applications** Workshop 1

**Kai he Chi Kung** Workshop 2

**Tai Chi Tui Shou** Workshop 3

I am interested in future workshops

Wu Dong  Chinese Health QiGong Association China  other.....

### Method of payment

*Please do not send cash through the post*

(Please complete only one of the boxes)

**C.C.S. (Credit Card Service)**

add Fee \$3.00 per workshop

**My payment is enclosed as follows:**

**Cheque**  **Money Order**

Made payable to:

Tai Chi & Chi Kung Institute

CHEQUE NO.....

Total amount \$.....

**Or please debit my:**

**MasterCard**  **Visa**

Full name on card.....

CARD NUMBER

□□□□ □□□□ □□□□ □□□□

Expiry date...../.....

Cardholder's Signature.....

Workshop Booking Fee \$..... .00

**Plus Credit Card Surcharge \$ 3.00 pws**

Total Amount \$..... .00

Post to: **Tai Chi & Chi Kung Institute**

**G. P.O. Box 66 Adelaide, 5001**

Receipts by email or issued at the workshop upon request.

Fees are not refundable after commencement of the course.

Cancellation by participant before workshop - 50% of fee deducted.

Numbers for each Course ... Minimum = 10 Maximum = 22.

(updated July 2011)

★ Pre-requisite ★

Sword - Sword students only

Tui Shou Tai chi students only

Kai He Chi Kung no prerequisite,

however it is an advantage to have learned Shibashi 1<sup>st</sup> section or had an introductory session prior.