

# Tai Chi

or

# Chi Kung



GOOD HEALTH & RELAXATION

**Beginner's Special Offer: 2 for 1**  
(2 people for the price of 1)



**Free Lesson: Thurs Feb 4th - 6.30pm**

BOOKINGS NOT REQUIRED FOR FREE LESSON

## **GLENELG**

Flambouron Hall  
18 Fulton Street  
(off Tapleys Hill Road)

## **Next 7 Week Term**

Thursday February 11th  
Chi Kung (Relaxation) 6.15pm  
Tai Chi 7.15pm

Adelaide  
(AM & PM)  
Semaphore

Gov't Accredited Instructors - AUST & CHINA

**Tai Chi & Chi Kung Institute**

**8371 2488**

**[www.taichi.com.au](http://www.taichi.com.au)**