

# Tai Chi *or* Chi Kung



GOOD HEALTH & RELAXATION

**Beginner's Special Offer: 2 for 1**  
(2 people for the price of 1)



**Free Lesson:** Tues Feb 2nd - 6.30pm  
Friday Feb 5th - 9.30am

BOOKINGS NOT REQUIRED  
FOR FREE LESSON

## **ADELAIDE**

Deaf Cando Hall  
262 South Terrace  
(cnr Pulteney Street)

## **Next 7 Week Term**

Tuesday February 9th  
CK 6.15pm - TC 7.30pm  
Friday Chi Kung 9.30am

Glenelg  
Semaphore  
Angaston

Gov't Accredited Instructors - AUST & CHINA  
**Tai Chi & Chi Kung Institute**  
**8371 2488**

**[www.taichi.com.au](http://www.taichi.com.au)**