

**ACHPER**  
SA Branch Inc



Presents the:

# **2004** State Health and Physical Education Conference

Westminster School  
**April 22nd & 23rd**

### **TICK & PASS ON**

- Health & PE Coordinator
- School Counsellor
- Sports Coordinator
- Active for Life Committee
- Governing Council

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3.00PM - 3.20PM

**AFTERNOON TEA**

3.20PM - 4.50PM

**SESSION 3:****3.1 Badminton for High Schools (Secondary)**

How to teach your students the fastest and most dynamic racket sport. Learn the correct techniques and tactics and how to present them in fun ways. Also see the available resources to help you present the sport to your class – practical session.

**Presenter:** Chris Thirlwell, Badminton SA

**3.2 Water Polo for all ages (JP, Primary, Middle, Secondary)**

Water Polo is the oldest Olympic team sport. Learn the Basics of teaching this dynamic game and add an exciting element to any pool session – practical session.

**Presenter:** Edward Denis, SA Water Polo

**3.3 New Drug education curriculum materials for students with learning difficulties and learning disabilities (Teachers with students who have learning difficulties in full range- JP, Primary, Middle, Secondary)**

Students with learning difficulties and/ disabilities are often unable to access effective and quality drug education curriculum materials. Newly produced materials, using a multi sensory approach, have been written by special ed teachers to meet learners' needs R-12 using inclusive, resiliency enhancing, interactive approaches.

**Presenter:** Pip Duigan, DECS Drug Strategy Team, Tina Caselegno, Murray Bridge High School and Eileen Dowler, Kensington Centre.

**3.4 Classroom, Canteen and Community: Applying the Dietary Guidelines within a Health Promoting School (JP, Primary, Middle, Secondary)**

Promoting healthy eating can be more than just teaching about nutrition in the classroom or having healthy foods in the canteen. Come to this session to discuss nutritional issues concerning children, resources needed to promote healthy eating including the revised Dietary Guidelines and using the Health Promoting Schools approach as a framework to plan and implement a range of ways to promote healthy eating in your school.

**Presenter:** Rita Alvaro, Children's Health Development Foundation - **This session is part of the Health Promoting Schools Stream**

**3.5 Action and Reaction – Dance for your School (JP, Primary)**

This movement workshop offers inspiration, energy and creative development through a range of approaches. From group work to individual activities, you will explore many solutions to generating and building movement material – practical session.

**Presenter:** Amanda Phillips, SA independent artist

**3.6 Tai Chi and Chi Kung in Schools (JP, Primary, Middle, Secondary)**

Present achievable non competitive exercise to you students. This session provides relaxation techniques that energise, so come along and experience this relaxing session – practical session.

**Presenter:** Heather Smith, Tai Chi and Chi Kung Institute

**3.7 An Alternative Sportsday Model for Middle Schools (Upper Primary, Middle, Secondary)**

In an attempt to inject interest and improve participation at a Southern Suburbs High School Sportsday, Christies has revamped its program to incorporate more group/team activities and novelty events. Is your school searching for a similar format?

**Presenters:** George Evreniadis and Michael Duke, Christies Beach High School

**3.8 Planning, Implementing and Reviewing Innovative Secondary Physical Activity Programs (Secondary)**

Ashley, Peter and Deb will provide participants with examples of the issues, challenges and success in the development, implementation and evaluation of their schools' physical activity programs. A must attend session for secondary school teachers responsible for Active For Life.

**Presenters:** Ashley Burnett, Peter Tokarski, Deb Anderson with Rick Baldock, DECS - **This session is a part of the Active for Life Stream**

**3.9 Outdoor Education and Ecological Footprinting: Embedding sustainability in the curriculum (Middle, Secondary)**

Use of 'Ecological Footprinting' as a tool to discuss and practice more sustainable ways of living through outdoor education curriculum.

**Presenter:** Scott Polley, University of South Australia

**3.10 Who, Me? I'm OK! (Primary, Secondary)**

Ever wondered why your students won't help themselves? Had a look at your own readiness to change lately? Be challenged to see what really matters and how you can help others.

**Presenter:** Jan Burgess, DECS Drug Strategy Team and Carol Kennedy, DASC

5.00PM - 6.00PM

**HAPPY HOUR**

Join in this excellent networking opportunity. First drink is free and be in the draw for random door prizes.